



Freeport Illínois

**Confirmation Packet** Receive the Holy Spirit



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St. Joseph and St. Mary Church

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## **CONFIRMATION NAMES**

If the candidate's baptismal name is that of a recognized saint of the Church, there is no need to select a new name for Confirmation. Using the baptismal name for Confirmation is preferred because it highlights the relationship between the sacraments of Baptism and Confirmation.

If the candidate chooses to take a new name for Confirmation, however, it should be a name selected in honor of Jesus or Mary, or from the list of recognized saints of the Catholic Church. Saints Names are chosen as Patron and Models for those being confirmed. Candidates should choose a patron whose Christian life or virtues they could emulate.



"These are the very things that God has revealed to us through the Spirit, for the Spirit reaches the depths of everything, even the depths of God."

1 Corinthians 2:10

#### 4. What it the meaning of Baptism for a Catholic?

- What is baptism? (Why do Catholics baptize infants? (1250-1252)
- What responsibilities come with baptism.(1267-1274
- Name the principal symbols of Baptism and what they signify.(1234-1245)
- Who are your godparents? Why did you choose them for godparents?

#### 5. What is the meaning of the sacrament of Confirmation?

- What is the significance of being anointed with chrism? Explain the words: "Be sealed with the gift of the Holy Spirit." (1294-1296)
- Name and briefly explain each of the seven gifts of the Holy Spirit. (1831)
- Why can Confirmation be received only once? (1304, 1317)
- How is Confirmation related to the other sacraments of Initiation? (1285
- How does a person prepare for Confirmation? (1309-1311)
- How will the reception of this sacrament of Confirmation impact on the way you live your life. (1302-1303)
- Explain the reason for taking a Confirmation name and why you chose the name you did.

# 6. What does it mean to say that the Eucharist is "the source and summit of the Christian life"? (1074, 1324, 1407)

- What does the word Eucharist mean? (1360)
- Name the two parts of every Eucharistic liturgy. (1346)
- Name the key seasons of the liturgical calendar. (1168-1171,1194)
- Explain why it is important for the Church to keep memorials of the saints and martyrs? (1172-1173, 1195)
- What is meant by the "Real Presence" of Christ in the Eucharist? (1374-1377
- How does the Mass re-present Christ's sacrifice on the cross? (1362-1367)
- How is the Mass a sacred banquet? (1382-1388)
- What makes Mass meaningful for you?

#### 7. What is the life of a Catholic disciple?

- Name the Ten Commandments in order. (CCC, pp. 496-497)
- What are the Beatitudes? (Matt 5: 3-10, 1716, 1725-1727)
- Name the Theological virtues (1812-1829, 1840-1844)
- What is sin? (1846-1853, 1870-1873)
- How is mortal sin different from venial sin? (55-1866, 1874-1876)
- What is the meaning of stewardship? (2415-2418, 2456-2457)
- What does the Church teach about love for the poor? (2443-2448)
- Can you recite the Lord's prayer? The Hail Mary? Glory Be? (2759, 2676-2677)
- When do you pray? How do you pray best?
- What is it about the way you live your live that gives witness to your faith as a Catholic?

# **Curriculum Questions for Confirmation**

## 1. What is the Creed?

- \* How is the Apostles Creed different than the Nicene Creed? (185-195)
- \* What is the Trinity? (257-267)
- \* Why do we call God Father? (239- 240)
- \* What is the Paschal Mystery? (654-655,658)
- \* Why did Jesus suffer and die for us? (599-623)
- \* How does the Holy Spirit prepare the faithful for the sacraments? (1133)
- \* Identify the Immaculate Conception (490-493)
- \* What is the Communion of Saints? (946-948)
- \* What is your favorite Gospel story about Jesus? Why do you like it?

# 2. What is the Church? What does it mean for you to be a part of it?

- Explain one of the following images of the Church: "People of God," "Body of Christ." "Temple of the Holy Spirit." (781-786,802-804,787-796,805-808,747,797-801,809-810)
- What is Pentecost? (731-732, 1076)
- Name and briefly explain the four marks of the Church (811-812, 866-870)
- What is the role of the Hierarchy of the Church? (874-882)
- As Catholics, we pray together publicly in the liturgy as well as in private. How are they different? Why are they both necessary? (1069,1140-1144)
- How important is it for you to identify yourself as a Catholic?

# 3. What is a Sacrament? Why are they important in a Catholic's life of faith?

- \* Name the seven sacraments (1210)
- \* Name the three categories into which the sacraments can be placed. (1211)
- \* What is grace? (1996-2005, 2021-2024)
- \* What is a sacrament? (1131)
- \* What role do the sacraments play in the life of the Church? (1113-1134
- \* What role do the sacraments play in your life?

# CONFIRMATION REQUIREMENTS:

- 1. Confirmation will be administered to students in grades 7-9 currently attending either Aquin Jr./Sr. High or the Religious Education program.
- 2. Confirmation Retreat, date tbd
- 3. A sponsor: The necessity of having a sponsor is mentioned in Canon 892 of the *Code of Canon Law*: "In so far as possible, there is to be a sponsor for the person to be confirmed; the sponsor is to take care that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligation inherent in this sacrament." The next Canon gives the requirements for being a sponsor: "To perform the function of a sponsor, a person must fulfill the conditions mentioned in Can. 874." These are the conditions mentioned in Canon 784: "To be permitted to take on the function of sponsor a person must:

a. Be designated by the one to be confirmed, by the parents or the person who takes their place, or in their absence by the pastor or minister, and have the aptitude and intention of fulfilling this function.

b. Have completed the sixteenth year of age, unless the diocesan bishop has established another age, or the pastor or minister has granted an exception for a just cause.

c. Be a Catholic who has been confirmed and has already received the most holy sacrament of the Eucharist, and who leads a life of faith in keeping with the function to be taken on.

d. Not be bound by any canonical penalty legitimately imposed or declared; (married Catholics without the benefit of the sacrament of matrimony cannot act as sponsors).

e. Not be the father or mother of the one to be confirmed.

Canon 893 continues: "It is desirable to choose as sponsors the one who undertook the same function in Baptism."

- 4. 20 hours of Community service must be completed by the candidate for Confirmation
- 5. Confirmation Name: The name of a saint is highly recommended: A full page report on the chosen saint is required (see attached rubric).
- 6. Candidates should go to Confession prior to the reception of the Sacrament of Confirmation
- 7. Candidates must submit their Baptismal Certificate before Confirmation

## SAINT REPORT RUBRIC

- 1. First Paragraph: a short biography of the saint-including their family, when and where they were born, lived, schooled etc.
- 2. Second paragraph: why the church recognized that person as a saint-give specific examples of some of the saint's outstanding virtues
- 3. Third paragraph: why did you choose this saint as your confirmation saint name
- 4. What aspect of the saint's life challenges you?

PLEASE USE YOUR OWN WORDS: Any plagiarized report handed in will be immediately returned to the student to be re-written

Report is due by April 28







St. Therese de Lisieus



St. Anthony

St. Augustine



St. Bernadette



St. Maria Goretti



St. Therese of Avila



St. Agnes



Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are the meek, for they shall possess the earth. Blessed are they who mourn, for they shall be comforted. Blessed are they who hunger and thirst for justice, for they shall be satisfied. Blessed are the merciful, for they shall obtain mercy. Blessed are the pure of heart, for they shall see God. Blessed are the peacemakers, for they shall be called children of God. Blessed are those who suffer persecution for justice sake, for theirs is the kingdom of heaven.

### **CORPORAL WORKS OF MERCY**

To feed the hungry To give drink to the thirsty To clothe the naked To visit the imprisoned To shelter the homeless To care for the sick To bury the dead

SPIRITUAL WORKS OF MERCY

To correct the sinner To teach the ignorant To counsel the doubtful To comfort the sorrowful To bear wrongs patiently To forgive injuries To pray for the living and the dead

## THE LAWS OF THE CHURCH

To assist at Mass on all Sundays and Holy Days of Obligation To fast and abstain on the days appointed To confess our sins at least once a year To receive Eucharist during the Easter time To contribute to the support of the church To observe the laws of the Church concerning marriage To contribute to the missionary efforts of the church

Prayer that candidates should know by heart

The Our Father The Hail Mary The Apostles' Creed Glory be to the Father An Act of Contrition The Rosary



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KNOWLEDGE CHECKLIST FOR CANDIDATES	APPLICATION FOR THE RECEPTION OF THE		
Basic Prayers:	SACRAMENT OF CONFIRMATION Please type or print clearly the information below:		
1. The sign of the cross			
2. Our Father	Name of person to be confirmed:		
3. Hail Mary	Date of birth:		
4. Apostles Creed	Confirmation name:		
5. An Act of Contrition			
Principles of Christian Living:	Home address:  Street Address  City  Zip    Phone number:  Email:		
1. The Ten Commandments	School:		
2. Duties of Catholic Christians			
3. The Beatitudes	Home parish:		
4. Spiritual Works of Mercy	RECORD OF BAPTISM		
5. Corporal Works of Mercy	Date of hantism:		
6. Theological and Moral Virtues	Date of baptism:		
	Church of baptism:		
The Holy Spirit and Confirmation:	City:State:Zip:		
1. Pentecost	Godparents:		
2. Effects of Confirmation			
3. Gifts of the Holy Spirit	Father's name:		
4. Rite of Confirmation	Mother's maiden name:		
Others:	Confirmation Sponsor's name:		
<ul><li>Holy Days of Obligation</li><li>Seven Sacraments</li></ul>	Sponsor's address:		
	Sponsor's home Parish:		

Please fill and submit the detached form with a copy of your birth certificate

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### **SERVICE PROJECT LOG**

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Confirmed

Sponsor\_

Project	Place	Date	# of Hours

Service projects

Each candidate is called to give 20 hours of service to the parish, community, and to his or her family during the time of preparation.

Here are a few suggestions:

- 1. Response to the elderly-visiting St. Joseph/St. Vincent Nursing Home
- 2. Music Ministry-Church Choir
- 3. Ushers
- 4. Lectors
- 5. Baby-sitting for Church functions
- 6. Refreshment Committees- coffee hour monthly, potluck helpers
- 7. Stuffing the bulletins on Saturday
- 8. Yard work
- 9. Response to parish, community or family needs
- 10. Cleaning the church
- 11. Helping at the Appreciation Dinner or Christmas Party

12. Organizing a bake sale or talent show and giving the profit to someone in need

- 13. Organizing a clothing or food drive for FACC
- 14. Tutoring someone with school work
- 15. Helping family with general tasks
- 16. Helping with the PADS program in the winter months.

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